

WHAT THE BIBLE HAS TO SAY ABOUT IT

NOTES:

THE BIBLE IN YOUR LIFE

Read Psalm 103, then answer the following questions.

ANSWER:

How might someone who's truly thankful for God's work and presence act differently from someone who takes those things for granted?

Which person are you? How has your gratitude for God's goodness changed your life?

Out of the action verbs in Psalm 103, which one means the most to you and why?

APPLY IT

The ancient Israelites sang these psalms to each other when life was dark in order to remember God. What if we had a Psalm 103 for our lives?

WRITE YOUR OWN PSALM 103:

List every way God has shown his love to you.

List how God has shown his love to people you know.

Share your list. Put it somewhere safe and take it out when you're struggling.

PRAYER

Take time to pray for each other's application steps in the upcoming weeks.

THE TAKEAWAY

Gratitude is the proper response to God's pursuit of a relationship with us.

MEMORY VERSE

"Bless the LORD, O my soul, and forget not all his benefits, who forgives all your iniquity, who heals all your diseases, who redeems your life from the pit, who crowns you with steadfast love and mercy, who satisfies you with good so that your youth is renewed like the eagle's."

Psalm 103:2-5 (ESV)

A QUOTE TO THINK ABOUT

"Happy moments, PRAISE GOD. Difficult moments, SEEK GOD. Quiet moments, WORSHIP GOD. Painful moments, TRUST GOD. Every moment, THANK GOD." – Rick Warren

Disciples of Christ
gratefully recognize that all
good gifts come from God.

